



## **Italian 1**

Spring Mix Lettuce, Green Bean, Tomato and Burrata Salad with Candied Walnuts

Lemony Pasta Alfredo with Asparagus, Peas and Prosciutto (or smoked salmon) and Basil

Strawberry-Balsamic Sundaes with Pound Cake Croutons

## **Italian 2**

Zucchini Carpaccio - tomato, toasted almonds, parmesan, lemon vinaigrette, basil

Chicken Marsala with Garlic Mashed Potatoes

Blueberry Olive Oil Cake

## **Latin & Caribbean 1**

Avocado, Tomato and Goat Cheese Salad with Mojo Vinaigrette

Jerk Chicken (boneless chicken thighs) with Pineapple Chutney

Coconut Rice and Beans - long grain rice, red kidney beans, coconut milk, scallions

Guava and Cheese Phyllo Pastries

## **Latin & Caribbean 2**

Peruvian Style Shrimp and Bay Scallop Ceviche with Mango, Bell Pepper and Cucumber

Pan Roasted Pork Tenderloin with Spicy Aji Verde Sauce

Warm Quinoa, Toasted Corn and Black Bean Pilaf

Pineapple-Toasted Coconut Sundaes with Coconut Caramel

## **Mediterranean/Middle Eastern 1**

Turkish Yogurt, Basmati Rice and Chickpea Soup with Spiced Garlic Butter Topping

Greek Roasted Lemon Chicken - potatoes, artichoke hearts and Vegetables topped with Feta

Date-Walnut Phyllo Cigars, with Yogurt-Orange Blossom Honey for Dipping

## **Mediterranean/Middle Eastern 2**

Fattoush - salad of lettuce, tomato, cucumber, bell peppers, radish, mint, scallions, parsley, pomegranate vinaigrette and toasted whole grain pita croûtons

Moroccan Chicken and Red Onion Kabobs with Chermoula

Grilled Zucchini

Persian Saffron and Yogurt Rice

Blueberry Olive Oil Cake

## **Mexican 1**

Mexican Chopped Salad- black beans, tomatoes, toasted corn, jicama, queso fresco, cilantro, toasted pepitas, chipotle-honey vinaigrette

Chicken (boneless skinless thigh) Pozole Verde - hearty stew of tomatillos, chicken broth, chilis topped with cabbage, radish and avocado

Vegan Pozole Verde - vegetable broth, hominy, hearts of palm, tomatillos, opted with cabbage, radish, avocado

Fruit Salsa Sundaes with Toasted Coconut Flour Tortilla Chips

## **Mexican 2**

Yucatan Style Chicken Soup

Grilled Tuna with Avocado and Corn Vinaigrette

Cilantro-Lime Rice

Mexican Chocolate Fondue with Assorted Dippers

## **Pan Asian 1**

Ground Pork (or ground chicken) Potstickers with Soy-Vinegar Dipping Sauce

Vegetarian: Soft Tofu and Shiitake Mushroom Potstickers with Soy-Vinegar Dipping Sauce

Ahi Tuna or Extra Firm Tofu Poke Bowls - brown rice, pineapple, pickled carrot, shaved radish, avocado, spicy mayo (vegan homemade) crispy shallots, furikake

Mango Caramel Ice Cream Sundaes

## **Pan Asian 2**

Thai Corn Fritters. - Thai Cucumber Salad, Thai Sweet Chili Sauce

Kung Pao Chicken - bell pepper, water chestnuts, roasted peanuts in a spicy brown sauce

Long Grain Rice

Chinese Almond Float with Tropical Fruit and Ginger Syrup

## **Tasting Thailand 1**

Grilled Tofu or Grilled Pork Loin Satays served in Lettuce Wraps with Cucumber Salad, Spicy Peanut Sauce

Coconut Red Curry Chicken (or Salmon) Vegetables- Thai baby corn, bell pepper, green bean

Jasmine Rice

Brown Sugar Pots de Creme (chef-prepared) and Tamarind Granita

## **Tasting Thailand 2**

Green Mango Salad - carrot, tomato,peanuts, crispy shallot, mint, creamy balanced shallot vinaigrette

Tamarind-Chili Glazed Roasted Salmon, carmelized shallot, toasted coconut, basil

Thai Pineapple Fried Rice - bell pepper, cashews, edamame

Thai Sticky Rice with Mango

## **Vietnamese 1**

Banh Xeo - Vietnamese Sizzling Crepes - made with rice flour and filled with bean sprouts, onion, pork, shrimp (or tofu and mushrooms) wrapped in soft lettuce and herbs, with nuoc cham dipping sauce

Vietnamese Meatball, Noodle and Bok Choy Soup

Vietnamese Coffee Sundaes- sweetened condensed milk, coffee, cinnamon, whipped cream, peanuts

## **Vietnamese 2**

Vietnamese Summer Rolls (shrimp or tofu) carrot, lettuce, cucumber, fresh herbs Hoisin-peanut sauce

Chicken and Sweet Potato Curry - lemongrass-infused coconut milk,

Vietnamese Coffee Sundaes- sweetened condensed milk, coffee, cinnamon, whipped cream, peanuts